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Medication Safety

Every day, 2,500 teenagers use a prescription drug to get high for the first time. However, drug abuse isn't the only risk associated with unused medications. Ingesting expired medications can be harmful. Improper disposal of medications that are no longer indicated or prescribed may lead to accidental ingestion causing drug interactions or adverse drug events. Accidental ingestion by children, the elderly, or pets can also occur.



Welcome to DisposeMyMeds.org



Welcome to DisposeMyMeds.org, an online resource to help you to find medication disposal programs at the local independent community pharmacy near you.

Your local community pharmacist has knowledge to ensure the safe and proper handling of your medications, from dispensing to disposal.

In addition to proper disposal, you can help prevent drug misuse and abuse each time you request and take your prescriptions. Once you have taken your prescriptions home, remember to keep them out of the sight and reach of children, and avoid taking them in front of children, since they tend to mimic adults. Never give your medications to anyone else or take someone else's medications.

And remember to take your medicine as directed. A survey released by the National Community Pharmacists Association found that an astounding three-quarter of adults do not always take their prescription medicine as directed. Many forget to take a medication, take less than the prescribed dosage, or stop taking it before the supply runs out. In more than half the cases, the patients made these decisions without talking to a health care professional. Experts estimate that this patient non-adherence costs the United States nearly \$100 billion per year in extra medical costs, including hospital visits, doctor visits, lab tests, and nursing home admissions.

We would encourage you to talk to your pharmacist and ensure you are taking your medications correctly. Do not leave the pharmacy without understanding everything you need to know about your medications, including how to store, use and dispose of them properly.

Pharmacy Locator

The National Community Pharmacists Association (NCPA®), its members and partners are offering you safe disposal of unwanted consumer medications in local community pharmacies around the country.

To find a participating community pharmacy near you, click below.*

[>>read more](#)

Some limitations may apply, including the return of controlled substances. Check with your local pharmacist.*

***Residents in Maine can contact Safe Medicine Disposal for ME program online at www.safemeddisposal.com, via email: (info@safemeddisposal.com) or by calling 1-866-637-9743 to see if you may return controlled substances as part of a pilot program funded through an allocation from the Fund for Healthy Maine administered by the Maine Drug Enforcement Agency.*

Safe Disposal of Medications

Each year in the United States, more than 71,000 children aged 18 and younger are seen in emergency rooms for unintentional overdoses of

prescription and over-the-counter drugs.

[>>read more](#)

Environmental Impact

More than 100 different pharmaceuticals have been detected in lakes, rivers, reservoirs and streams throughout the world.

[>>read more](#)

Our Partners



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