

# PARENT TIPS For Summer



## Medication Safety

Every day, 2,500 teenagers use a prescription drug to get high for the first time. However, drug abuse isn't the only risk associated with unused medications. Ingesting expired medications can be harmful. Improper disposal of Medications that are no longer indicated or prescribed may lead to accidental ingestion causing drug interactions or adverse drug events. Accidental ingestion by children, the elderly, or pets can also occur.

To find out more go to: <http://disposemy meds.org/>

## **THE WORLD IS CHANGING** - Find out what you should know!

Drug culture has changed significantly since many of us were teenagers. The key to helping teens make healthy choices is understanding the complicated issues and pressures they are facing today. Take an important step towards understanding your teen's world by checking out our latest research findings and reading about the latest news about drug use and trends at [www.news.drugfree.org](http://www.news.drugfree.org).

Student Support Assistance ~ Provided by the City of Dana Point  
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*Mike is available all day and night 7 Days a week throughout the summer*